

Harvest Breakfast Quinoa

1 cup almond milk
1/4 cup apple juice
1/2 cup quinoa
1/4 cup raisins (or home-dehydrated cranberries)
1/4 cup diced apples
1/2 tsp orange zest
2 Tbsp maple syrup
Pinch of sea salt

Pinch of apple spice or pumpkin spice

Bring milk and apple juice to a near-boil in small saucepan and add remaining ingredients. Simmer and cover for 20 minutes or until all liquid is absorbed. Serve warm or chilled.